

Kids of the Cross Holy Week Almanac

Lutheran Church of the Cross
Nisswa, MN 2020



An interactive family journey through the
events of Holy Week

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Sunday April 5, 2020

PALM SUNDAY –

Bible passage: Luke 19:31-38 Jesus and His disciples arrive in Jerusalem.

CRAFT/ACTIVITY –

Create palms out of paper and a craft stick or ruler - have each person in your family trace their hand four or five times on the green paper. Using the scissors, cut out the hands. Apply glue to the sticks and arrange the hands (thumbs together) on either side of the stick so they resemble a palm leaf. You could also print the Illustrated Children's Ministry palm template on the next page and color it. Once finished, parade around waving palms and shouting, "Hosanna!"

Palms and Cloaks (old jackets or towels) Relay – Set up a start and finish line and divide into teams. Since the palms and cloaks were laid so Jesus's feet would not touch the ground, lay the palms and cloaks from your team end to end and try to be the first one across without actually touching the ground. Once you step on a palm or cloak, lay another in front. Then, once you step on that one, reach back for the other and, again, place it in front. Keep this going all the way across the finish line!

TASTE! Make Hummus Dip – great with pita or tortilla chips or raw veggies

1 15-ounce can chickpeas, drained (save 2 T. water from can) and rinsed

1 clove garlic

1/4 cup olive oil, plus more for serving

2 tablespoons fresh lemon juice

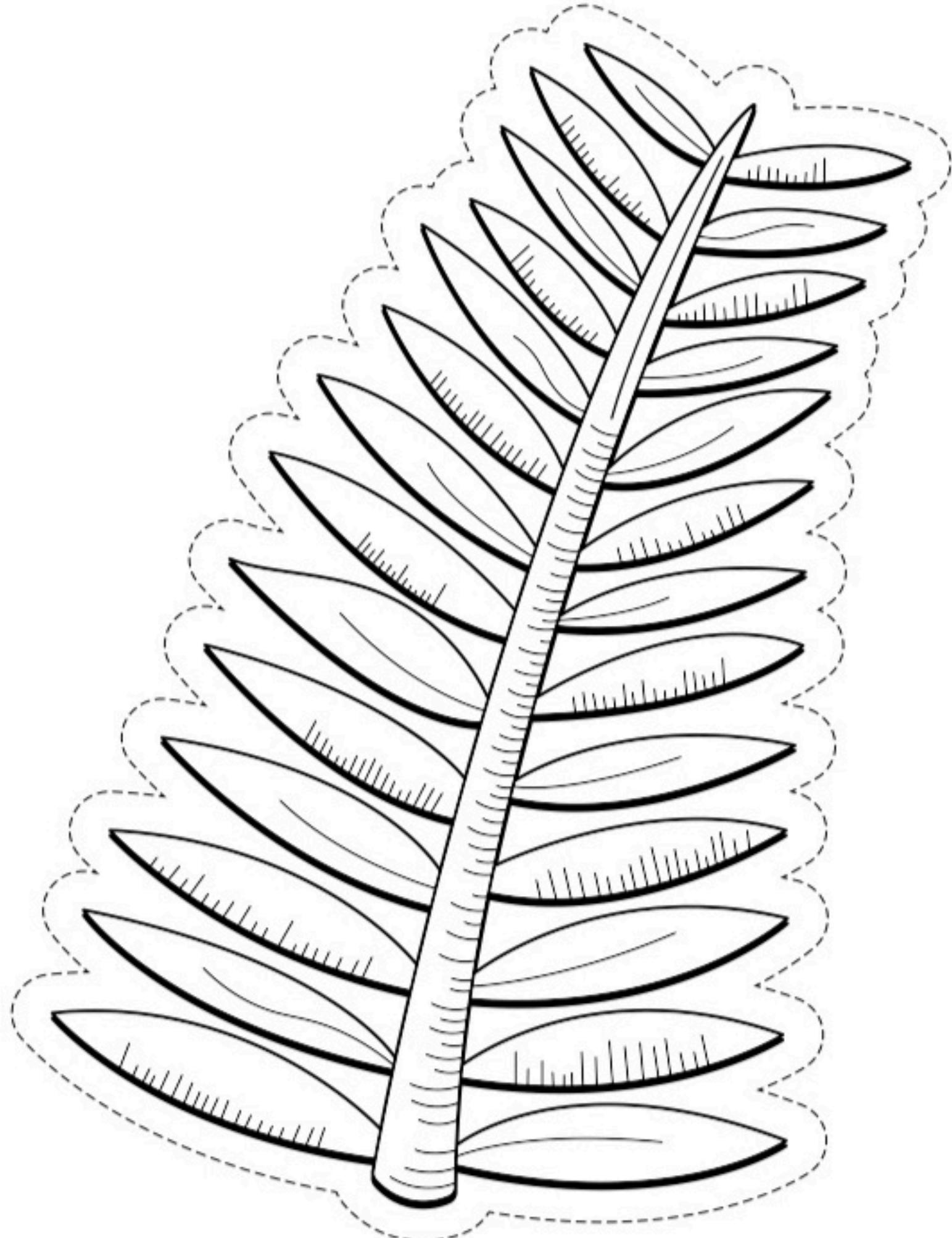
2 tablespoons tahini (sesame seed paste; optional)

1 teaspoon ground cumin

kosher salt

1/4 teaspoon paprika

In a food processor, puree the chickpeas and garlic with the olive oil, lemon juice, tahini (if using), cumin, and $\frac{3}{4}$ teaspoon salt until smooth and creamy – add water from canned beans. Transfer to a bowl. Drizzle with olive oil and sprinkle with the paprika before serving.



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Monday April 6, 2020

HOLY MONDAY –

Bible Passage: Luke 19:45-46 Jesus is upset at how the people are acting in the Temple

CRAFT/ACTIVITY –

Prayer Post Its: Write the word “PRAY” on several Post Its and post them around your house where family members can see them and be reminded to pray.

TASTE IT –

Eat donuts...”DONUT forget to pray!”. If you have a donut pan at home, you can even bake some for your family:

Cinnamon Sugar Donuts

Ingredients

1 cup all-purpose flour
1 teaspoon baking powder
1/4 teaspoon baking soda
1/2 teaspoon salt
1/2 teaspoon ground cinnamon
1/4 teaspoon ground nutmeg
1 large egg, at room temperature
1/3 cup packed light brown sugar
1/4 cup milk*
1/4 cup yogurt*
2 Tablespoons unsalted butter, melted
1 and 1/2 teaspoons pure vanilla extract

TOPPING

1 cup granulated sugar*
1 teaspoon ground cinnamon
1/2 cup unsalted butter, melted

Instructions

Preheat oven to 350°F. Spray a donut pan with non-stick spray. Set aside.

Make the donuts: Whisk the flour, baking powder, baking soda, salt, cinnamon, and nutmeg together in a medium bowl. Set aside. Whisk the egg, brown sugar, milk, and yogurt together until smooth. Add the melted butter and vanilla, whisking until fully combined. Pour the wet ingredients into the dry ingredients and mix until just combined. Do not overmix. The batter will be very thick.

Spoon the batter into the donut cavities—I highly recommend using a large zipped-top bag for ease. Cut a corner off the bottom of the bag and pipe the batter into each donut cup, filling 2/3 – 3/4 of the way full.

Bake for 9–10 minutes or until the edges are lightly browned. Allow to cool for about two minutes and transfer to a wire rack set on a large piece of parchment paper or on a large baking sheet. Bake the remaining donut batter (there is usually enough batter for 1-2 more donuts) and once baked, transfer to the wire rack. Allow donuts to cool down until you can handle them.

Top the donuts: Combine the sugar and cinnamon in a medium bowl. Dip the donuts in the melted butter, then dunk into the cinnamon sugar mixture coating all sides. Donuts are best served immediately. Leftovers keep well covered tightly at room temperature for up to 2 days.



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Tuesday April 7, 2020

HOLY TUESDAY –

Bible Passage: Luke 21:29-31, 36 Jesus tells us to pray and be ready.

CRAFT/ACTIVITY –

Pray in color today! Coloring while you pray helps to slow down your mind and body, which helps better connect you to God so that you can communicate and listen to Him better. Coloring also helps when you find it hard to find words to use when praying. It can help release worries and anxieties from your mind, and can make prayer more intentional, too.

Start by drawing a shape, and writing a name or thing that you want to pray for inside the shape. Then start doodling around the shape, adding lines, squiggles, dots...whatever you like. You can also color the shape – feel free to draw as many shapes as you need to. If there's a problem you want to pray about, but can't find the words for, try drawing it.

After you are done, if there are special people close to you that you prayed for, send them a little message (email, text, or call) to let them know you prayed for them!



TASTE IT –

Ask your parents if you can help make pasta or noodles for supper – and as you watch and wait for the water for the pasta or noodles to come to a boil, let it remind you of the patience you need to have with prayer. It takes practice and remember that it's a two-way communication with God – you speak to Him, but you also have to watch and listen for Him to answer. As you eat your supper, discuss the importance of daily prayer with your family, and of course, lead grace for your family before the meal😊

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Wednesday April 8, 2020

HOLY WEDNESDAY –

Bible Passage: Luke 22:3-6 Judas agrees to help Jesus' enemies.

CRAFT/ACTIVITY –

Coin Collection: Do you have a bank for your coins? Does your family have a spare change jar? See if you can round up 30 silver coins. At supper, ask your family to think about how you'd like to use these coins – think of places you could donate it to, or use it for offering the next time we meet as a church family at LCC.



TASTE IT –

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Thursday April 9, 2020

MAUNDY THURSDAY-

Bible Passage: Luke 22:14, 19-20 Jesus shares the Passover meal with the disciples and shares the sacraments.

CRAFT/ACTIVITY –

Make/decorate a special cup (chalice). Take a disposable cup (or a used plastic cup you have permission to have) and decorate it for a special meal. Use stickers, markers, glitter glue – whatever you can find to make this cup something special.

TASTE IT –

Bake some unleavened bread like the bread that is served during communion.

Luther Seminary Communion Bread

Sift dry ingredients 3 times

2 c. whole wheat flour

1 c. white flour

1 1/4 tsp. Baking powder 1 1/4 tsp. Salt

Cut in 4 tsp. Oil

Mix water and sweeteners together; add to dry ingredients and mix well.

3/4 cup + 2 Tbsp. Very hot water 3 Tbsp honey

3 Tbsp Molasses

Dough should be a bit sticky. Divide into fourths and roll each into a 1/4" thick circle

Mark with a cross – use a knife or pierce with a fork.

Bake at 350 degrees for 10 minutes

Remove and brush with oil, bake an additional 5-8 minutes, remove and cool.



Plan and make a family favorite meal and serve your bread with the meal. Before you start the meal, do the reading and activity below:

Read/Do It John 13:3–5, 12–17 As was the custom, Jesus washes the disciple's feet, a humble act usually done by the lowest servant.

Hand washing – gather a large bowl of water, some soap, and towels

Read the scripture passage and explain that Jesus did this for all his friends, and said that we should all do this for each other. Washing other people's feet is not actually that fun. Our feet get dirty and gross sometimes.

And because Jesus' friends would have been walking in sandals all the time, their feet would have been really dirty. So washing each other's feet is a way we serve each other. It's a way we can be more like Jesus, learning how to do things for each other that aren't always fun. Under current circumstances, it seems that hand washing (rather than feet washing) would be a great way to serve our family members.

Take turns washing each other's hands.

As you eat your meal together, discuss what it would have been like to be Jesus or one of the disciples at the Last Supper. Tune into our online Maundy Thursday worship at 6:45pm.

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Good Friday April 9, 2020

GOOD FRIDAY-

Bible Passage: Luke 23: 44-46 Jesus is crucified and dies.

CRAFT/ACTIVITY -

Choose a window in your house and get permission to paint it. Using painter's tape, mark out the shape of a cross. Then add shapes around the cross to resemble stained glass. Mix a little water and a drop of dish soap with some washable paint and paint the shapes surrounding the cross.



TASTE IT -

Make some cereal treats and cut them into squares. Then place the squares onto a cutting board in the shape of a cross. If you'd like, place chocolate chips on top of the squares to resemble the darkness of the cross.

Tune into our online Tenebrae Worship Service at 6:45pm.

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Holy Saturday April 11, 2020

HOLY SATURDAY-

Bible Passage: Luke 23: 55-56 Joseph and the women accompanying him see Jesus' tomb and prepare spices and oils to anoint Jesus' body.

CRAFT/ACTIVITY –

When Joseph and the women arrive at Jesus' tomb, it is nearly the sabbath, so after seeing the tomb, they leave to observe ***quiet and silence.***

Find a spot in your house or yard where you can be peaceful and quiet. Just be. As you sit, reflect on what happened to Jesus and the miracle that is coming on Easter Sunday. Try your best to be more reflective today and quiet your mind and voice. Think of activities you can do that are quiet and at a slower pace. At supper tonight, say grace as a family and then try to eat in silence, just enjoying being together.

TASTE IT –

In the spirit of quieting our bodies and being more restful today, before bedtime, have some warm milk, cocoa, or herbal tea. As you sip it, practice praying to God.



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Easter Sunday April 12, 2020

EASTER SUNDAY -

Bible Passage: Luke 24: 1-6 The tomb is empty – Jesus has risen – Hallelujah!

CRAFT/ACTIVITY -

Get some white drawing paper or coffee filters and a white crayon. Using the white crayon, write the Easter words on the paper, like –

- Hosanna!
- Hallelujah!
- He is Risen!
- The tomb is empty!
- He Lives!
- Rejoice!

If you are using paper, take some washable markers and color all over the paper, revealing the secret Easter word. If using coffee filters, draw some doodles on it, then LIGHTLY spritz with water to reveal the words.

TASTE IT -

Enjoy a wonderful Easter celebration meal with your family today, and don't forget to tune into online worship at 10:30am! Be sure to call or video chat with family members, too, since we are all practicing social distancing.

